



# ECMEN

EVERYDAY CHRISTIAN MEN

## CONNECTIONS

### COMMITMENT

Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.  
– Mark 12:30

“The world has yet to see what God will do with a man fully consecrated to Him” — Dwight Lyman Moody

I watched a video about the sentinels who guard the “Tomb of the Unknown Soldier” and started to do some reading about them. I was extremely impressed with the information I found on their dedication to guarding the tomb. They march for 30 minutes at a time working in 24-hour shifts and when they aren’t walking the mat, they are living in the quarters beneath it. During that time, they complete training and prepare their uniforms, which can take up to eight hours. Duties remain uninterrupted during all weathers. During heat waves, blizzards, hurricanes, rain, sleet, snow, and hail they continue their guard. There is some dispute on this but there has been continuous service since July 2, 1937. The duty at the Tomb is not for everyone, with the majority of soldiers who begin Tomb Guard training being unable to meet the standards. Each soldier must have strong military bearing, discipline, stamina and present an outstanding soldierly appearance. Each Sentinel must be able to flawlessly perform seven different types of walks, honors, and ceremonies. They must retain vast amounts of knowledge concerning the Tomb, Arlington National Cemetery, the United States Army, and their unit. The honor of Tomb Guard is incredibly rare. The badge is the least awarded in the Army.

There is more I could say about them but in the short amount of time I spent in research, it gave me a high level of respect for those who guard the tomb. As I was thinking about this, the Moody statement above came to mind. I had to ask myself, what if I was that dedicated to following Christ? What could God do with my life? What would that even look like? Those are really tough questions to answer. When I think about that level of commitment, it really challenges me to evaluate my relationship with Christ. God’s not asking me to be perfect, but I think He does expect me to continue to improve. I don’t have to make big changes all at once. It can be one small step at a time.

Take time to pray and ask God to show you one thing that you can do to strengthen your relationship with Him?

### EVERYDAY DEVOTIONAL

ECMen sends out a daily devotional via email. You can sign up on the interests form at [ECMen.org](https://ecmen.org)



Everyday Christian Men is a 501c3 Non-Profit Organization. All of your donations given to Everyday Christian Men from August 1, 2021 are tax deductible.

If you would like to set up recurring donations you may now do so through PayPal, using the link available on the [ECMen.org](https://ecmen.org) website GIVE or use the QR code to for a direct link to the site.

Visit [ECMen.org](https://ecmen.org) GIVE or  
use the QR Code

## ECMEN EXPANDING



As the structure and development of ECMen continues we are excited to announce that Pastor Dan Tourney of Gibsonia, PA at Christ Community Church has started his own Chapter of ECMen at his church.

Matt has met with Pastor Clayton Paslay from First Baptist Church in Manford, Oklahoma in his recent visit to our area. He has a strong interest to initiate a chapter of ECMen in his church. Matt is partnering with Pastor Clayton to help plan and facilitate a men's retreat for his church in Oklahoma.

We are excited to see how this ministry is growing and continue to seek God's design as we develop.

## MEN'S LUNCH

Everyday Christian Men continue to have monthly lunches at various locations in the area. Each lunch will have a speaker with a brief devotion time. Future lunch gatherings will be posted on the ECMen website where you can register to attend.



Pictures from The Crow's Nest Lunch-June 21st



- **Planning Men's Winter Retreat in February 2023.**
- **Wisdom in the development of deeper structure for ECMen as an organization.**
- **Wisdom in a decision to purchase a building for ECMen.**
- **Financial support for the growth of the ministry**
- **Mentoring of men in the community and additional volunteers as the ministry grows.**



# MEN'S COOKOUT JULY 23



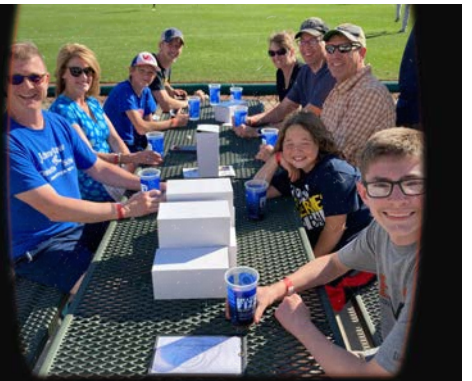
An evening of worship, food & fellowship at Camp Crespo's. We appreciate Nick Miller for sharing a message for the group.



**As iron sharpens iron,  
so one person sharpens another. Prov 27:17**

# ALTOONA CURVE FAMILY EVENT

JUNE 17





# UPCOMING EVENTS



**Babcock Forest Hike**  
August 13th, 2022  
8:00 am

**More Info and Registration**  
at [ECMen.org](http://ECMen.org)  
Events



**JIM MAYER**  
Riverswalk Trail  
September 17, 2022  
9:00 am

**Option to Walk or Run**



Use the QR code or  
search [www.runsignup.com](http://www.runsignup.com)  
"Find a Race" with Keyword **ECMen**



**Operation Christmas**  
Child Shoe Box  
Collections

More info to come.



**Family Christmas Event at**  
814 Lanes  
December 10th, 2022  
9:00 - 11:00 am



Prefer a digital newsletter?  
Would you like text  
reminders for upcoming  
events?  
Complete the **ECMen**  
Interests Form and  
comment "Sign me up for  
text updates" or Text Matt  
814-341-1622



**Christmas Eve**  
Men's Breakfast  
December 24th, 2022  
7:00 am

All Donations Provided to a  
Local Family/Families in Need