

# ECMĒN

EVERYDAY CHRISTIAN MEN

## CONNECTIONS

### WILD GAME DINNER

APRIL 23RD



Our first Wild Game Dinner event was held in April with guest speakers Mike Beck and Dexter the Deer Dog and Tom Schubring from Screaming Bull Ministries. This was a great night of fellowship with all the things outdoors!

# ECMĒN

PODCAST

Spotify Amazon just dropped



Everyday Christian Men has officially launched the ECMen Podcast! It is available right now on Spotify, Apple and Amazon. Join the podcast hosts, Pastor Dan Turney and Roger Birkhimer. New episodes will be available every Tuesday. These guys are a blast! I highly recommend a listen, especially episode 5.

# EMMANUEL CHURCH KICKOFF

JUNE 4TH

Everyday Christian Men has officially kicked off at Emmanuel Church. Matt Lushko will be the Core Team Leader of the men's ministry with the team consisting of Ryan Hildebrand, Chris Marks, Wade James, Robert Chippie, and Scott Lushko. The kickoff event brought in entertainment by comedian David Kaye and team introductions of the new ministry.

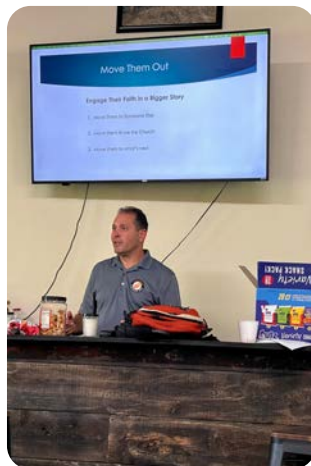


# LEADERSHIP RETREAT AUGUST 11-12TH

Pastor Rob Wolfe, Matt Lushko, John Huston, Roger Birkhimer, Bill Kramer, Larry Crespo, Chris Lushko, Andy Statler, Chris Marks

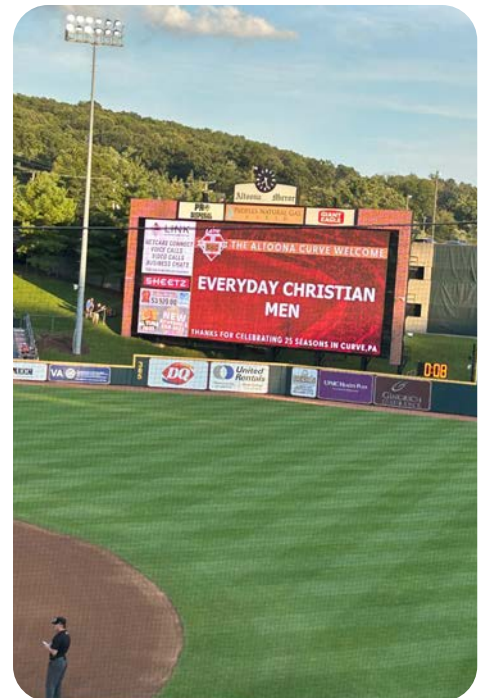


Five different churches were represented at the Leadership Retreat. Pleasant Hill Church of the Brethren, Emmanuel, Christian Community Church, Faith Baptist, Liberty Grace



# ALTOONA CURVE FAITH & FAMILY NIGHT

AUGUST 13TH



Altoona Curve Faith and Family Night was a great night. A sold out crowd, former Pittsburgh Pirate speaker, -Alex Presley to share his testimony and really awesome fireworks at the end of the game.

# MARRIAGE MONDAY TESTIMONY

Contributed by Scott & Amy Conahan

Over the past year or so Scott has mentioned wanting to purchase a sauna. I thought he was being very irrational at first! I continued to ignore his comments about wanting one because I thought why would anyone need a sauna in their home. In my mind I thought these were the types of things you would go to a health club or gym to use. I thought it would take up way too much space and clutter our home. He mentioned at one point that we could use it as our prayer room or what some people call a war room. Then I remembered I bought him a prayer mat last Christmas he asked for and he never used it! And that was a cheap purchase. There was no way I could agree to make such an investment on something that may never be used.

That prayer room comment stuck in my head for months. God was tugging at my heart to meet Scott in the middle on this one. Not only for our marriage or our health (since saunas are said to be so good for you) but for our spiritual health.

We both have been reading the marriage Monday's from ECMen. We discuss them together weekly and we both knew we had some work to do in our marriage. The thought of making such a big purchase at first sounded selfish to me, but I felt God telling me this sauna was going to be used for His good and for His Glory. The investment was for Him not ourselves.

Scott uses the sauna with the worship music playing or he listens to sermons. He has been able to grow in his relationship with Christ by spending more time with Our Father. For me, I made it a personal goal to never take a device or phone inside when I go in. I use this 20-35 minutes to reflect on my faith and spend time with the Lord. We both do not regret this decision because we are benefiting in so many ways.

By no means are we encouraging people to go out and purchase a sauna for your home. What we have learned though and wanted to share with others, is meeting your spouses needs sometimes means compromising or making sacrifices. Let God take it from there. He will work in your marriage if you let Him and are open to hearing Him and His voice.

The Marriage Monday's has opened up so many conversations for us in our marriage. And it has helped us communicate about things we used to ignore. We took a chance by getting this sauna but now see this was not done just for the goal to lose weight or get healthy. It has been a blessing in disguise as we both have been using it for spiritual growth. Our teenage son even loves using it!

Thank you Matt & Amy for being vulnerable and opening up your marriage to help serve others. We have seen God move so many mountains recently in our home. We are grateful and joyful for so many things we could not see before. God can and will do wonders if you listen for His voice in all things.

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving" Colossians 3:23-24



## EVERYDAY DEVOTIONAL

ECMen sends out a daily devotional and a marriage devotional via email. You can sign up on the interests form at [ECMen.org](http://ECMen.org)



# UPCOMING EVENTS

For more information and registration  
visit [www.ecmen.org](http://www.ecmen.org)  
Come join a group of men during your lunch  
break. Includes a short speaker.



The 2nd Annual Tim Rigby ECMen Faith Run will  
be September 16th. This is a walk or run event.  
This year we will have a kids fun run obstacle  
course and pancake breakfast for participants.



- Praise: Successful ECMen Leadership Retreat (Please pray for these leaders as they initiate a Men's Ministry in their churches)
- Praise: Amy has been able to come on as ECMen staff to help with growing administrative needs.
- Fall ECMen - Men's Bible Study (several churches participating)
- Pray for the 2nd Annual Tim Rigby Faith Run Event
- Planning and Organizing Winter 2024 Men's Retreat
- Growth: ECMen is growing-Please pray as we consider adding staff.



Visit [ECMen.org](http://ECMen.org) GIVE or  
use the QR Code

Everyday Christian Men is a 501c3 Non-Profit Organization. All of your donations given to Everyday Christian Men from August 1, 2021 are tax deductible.

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