



ECMEN

EVERYDAY CHRISTIAN MEN

CONNECTIONS

GET READY FOR THE ECMEN CHALLENGE!

JULY

Matt has diligently prayed and sought to create a way to help engage men into a stronger walk with God. He has designed the ECMen Challenge Coin and Prayer Challenge Journal. Are you ready for a challenge? It is finally ready for purchase.

We would like to acknowledge and offer a sincere Thank You to Pastor Dan Turney of Christian Community Church of Gibsonia, PA for his assistance in helping with the development of the materials.

A challenge coin is a coin bearing an organization's logo and values. It is expected to be carried by members of the organization. They were given in the military, as early as World War I to identify the soldier with their unit. It was tradition to carry the coin at all times and present it when challenged to prove affiliation and loyalty to the unit. Failure to produce the coin when challenged resulted in several consequences decided on by the unit.

The ECMen Challenge Coin comes with a list of duties of an ECMen Warrior and a contract to sign with an accountability partner.

We want the ECMEN Challenge Coin to encourage you to trust God and live the godly life He intended for you with His help and the help of other men who carry the coin. Carry it in your pocket as a daily reminder to put on the full armor of God and live out the ECMEN core values of Faith, Service, Sacrifice, and Courage.

The Prayer Challenge Journal is a tool to help you create a disciplined and intentional prayer life for five guys in your sphere of influence. The journal is set up for you to track how you can intentionally pray for and actions to do weekly for your five guys as well as areas you identify God transforming your own life.

Surround yourself with a community of men who will challenge you to grow in your faith, know your purpose, and live every day for Christ.

PRAYER CHALLENGE JOURNAL & CHALLENGE COIN

If your interested in purchasing the journal or journal and coin package you can do so online using the QR code or contact Matt Lushko.



Journal & Coin
Purchase

GOD WORKS THROUGH STRUGGLE

Matt had the privilege of speaking at Emmanuel Church on Sunday, July 21 during the Summer in the Psalms series.

Matt shares his own personal struggle and you can hear how God brought change through struggle in the lives of Mark Lushko and John Billick. You can find the sermon online.

<https://www.theemmanuelchurch.com/sermons>



SEEKING SPONSORS!

If you are a business or interested in a family activity, join us for the ECMen Tim Rigby Faith Run/Walk. There is a fantastic pancake and sausage breakfast for participants. This year we are providing a 1 mile casual walker option. A bounce house for the kids and new this year, a kids fun run race. You can sign up to register online or simply donate only directly through the race registration site on Run Sign Up. This can be accessed through the ECMen Events website.

Sponsors are encouraged to finalize donations by **August 7th** to ensure your business acknowledgement on the race t-shirt, banner or social media shout out depending your level of sponsorship.

Register Now to run or walk!

UPCOMING EVENTS



Run/Donation Registration



Sponsorship Form



- The Fall Men's Bible Study
- Season 2 of the ECMen Podcast launched July 23rd
- Impact in men's lives through the ECMen Challenge Coin and Prayer Challenge Journal
- ECMen Tim Rigby Faith Run August 24th

Visit [ECMen.org](https://www.ecmen.org) GIVE or use the QR Code



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